



Ms A took advantage of the cooler mornings to vary the learning space and enjoy reading in nature.

Faith Focus

In school we talk a lot about 'misconceptions'. When we discover a student who is confused and frustrated by a concept, we suspect they are operating with misconceptions. We move back through years of learning to identify at what point they developed an incorrect idea, unpack that misunderstanding and rebuild the correct concept. It's like bricks in a wall – if we have missing bricks in our foundation and continue to build without addressing it, we have a very shaky wall which will easily fall down. It's time consuming to fix, but essential to build a strong 'wall' of understanding as it impacts confidence and willingness to take on new learning challenges.

Do you have misconceptions about God? What have you experienced or learnt early on in life that is incorrect about Him? A common misconception is that God's heart is toward people that 'do-good' and He is against the rest of us. That misconception can influence our thinking and consequently, our actions. If we think He is against us when we do something wrong, then we move away from Him or try to cover it up. But God wants us to come to Him when we do something wrong, to accept His forgiveness and be in right relationship with Him. He doesn't overlook our wrong doing, there is a consequence - but that consequence was borne by another - His son Jesus. The only thing we have to do, is accept what Jesus did as the complete payment of our consequence.

Do you need to correct a misconception about the character of God?

When we rebuild our life on the foundation that God is for us and with the knowledge He wants to bless our lives with comfort, inspiration and hope, **we find security in who (and whose!) we are.** From this solid base we can be more loving to others, more forgiving, more understanding and more willing to take on challenges – 'failure' becomes less devastating – sounds like a great solid 'wall' to me!

He is like a man who, in building his house, dug deep and laid the foundation on rock. The river flooded over and hit that house but could not shake it, because it was well built.

Luke 6:48

Noelene Howis

Important Bits

Principal Ponderings



Love – We reflect God's love for us by caring for others and treating everyone with kindness and respect.

LOVE

These 17 words, that describe our value of Love, are loaded with richness.

God's love for us - As a Lutheran school everything starts with God's love for us. Before we think or act, we remember that God loves each one of us. He has reached down from the heavens to bring us into relationship with him. Secure in his love for each of us, we are free to love others.

We reflect – Just like a mirror, we share the love God has filled our own lives with. God provides us with love that overflows to others.

Caring for others – we are outward looking. Our goal is to see the needs of others around us rather than our own needs. But we don't just see, we act to improve the lives of others.

Treating everyone with kindness and respect – we take everyone as they are, we don't pick and choose who we are kind or respectful towards. Our actions and words show we value all people and we want good things for them that will flow from our kind and respectful actions to them.

As we all strive to bring our value "love" to life, St Mark's is an amazing place to be.

Staff Leave

I'm one of three staff who are blessed to be able to enjoy accrued leave over the coming weeks. Mrs Howis, Mrs Paterson, and I all have the opportunity to shortly commence Long Service Leave.

Mrs Howis commences leave next week. While she is away Mrs Llewellyn will be compiling our newsletter and Mrs Herrmann will take on her social media role.

Mrs Paterson will be on leave for the last three weeks of this term. Mrs. Sharon Seidel will step into the Library during these weeks.

I'll be on leave for the last 5 weeks of the term, commencing on Tuesday, 12th March. During my leave, Ms Saracini will be Acting Principal, Mrs Page will be Acting Deputy Principal and Mrs Holton will be teaching in a learning support role.

We are grateful for this opportunity and the staff who will ensure St Mark's continues to thrive while we are away.



Year 4 News

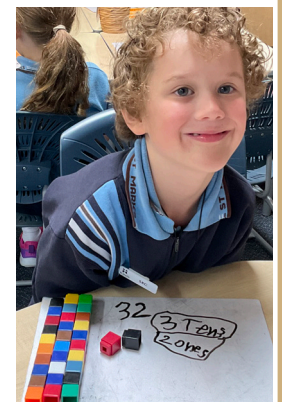
Year 4s looked at the painting style of Alma Thomas to create their own paintings using short brushstrokes and mixing 2 colours together to gradually change the tone. Some added a third colour to complete their work.



Year 1 News

These Year 1s are loving developing understanding of number by using different items.

They are working on understanding tens and ones which is the beginning of place value.



Achievement Awards

Archie H Joni H

who received Awards at our Week 5 Assembly.



School Life

Twilight Sports Day Friday, 15th March

School begins at 12.40pm on Sports Day!

PLEASE NOTE THE CHANGE OF DATE FOR THE
600M RUN AND DISCUS EVENTS!

To avoid a clash with NAPLAN testing; 600m and
Discus event is now scheduled for next week

Friday, 8th of March!

St Mark's first whole school event is our annual Sports Day. Due to the number of events, St Mark's Sports Day is held over two days; Friday, 8th March and Friday, 15th March.



Only students in Years 4-6 are involved on Friday for the 600m run and discus, beginning from 9.45am (approx) until each age group has had their turn. The 600m run will be first, then discus in order of youngest to eldest age group.

On Friday 15th of March, from 12.40pm, the whole school will be competing for the Sports Day House Shield. For families who wish to have lunch at school prior, **you can arrive at 12:00pm. The P&F will have sausages and their famous yiros available for purchase or you can BYO.** Otherwise, students are expected to have had lunch and be in their classrooms at 12:40pm for roll call.

An overview of the day is as follows:

- 1st Session 1pm - 4pm - Athletic/Tabloid Events
- 2nd Session 4.30pm - 5pm - Novelty/House Events
- 3rd Session 5pm - 5.30pm - Whole School Events (Relays, Parent Teacher race)
- Presentation of the House Shield at 5.30pm with a community tea run by the P&F to follow.

If you are unable to provide supervision for your child before 12.40pm roll call, we can provide modified supervision for them at school from our usual start time. **Please inform us through the front office if you need this assistance and ensure they have a packed recess and lunch.** YMCA will provide their usual before school care on the day.

- All students need a (plain) house coloured polo shirt of their team colour
- HOUSE COLOURS- **BARKER- Yellow, DUNN- Red, DAVISON- Blue, and STURT- Green**

We look forward to seeing you there wearing your house colours! A program and map of the events are included in the newsletter.

Coming Up...

March

Friday 1st

Chapel, 9am - 6BW

Saturday 2nd

Pedal Prix Come and Try, 10am -2pm

Wednesday 6th

Foundation Rest Day

Thursday 7th

Band Rehearsal, 8.30am

Friday 8th

Chapel, 9am - Pastor Greg, giving the Year 2 Bibles
Years 4-6 600m run/discus - from 9.45am



Sports Day is Coming!

Make Sports Day snacks easy by ordering a P&F Snack Pack - order form overleaf.

P&F are seeking volunteers for Sports Day for:

- Set up or pack down;
- BBQ;
- Cake stall;
- Making or donating cakes/biscuits.

A volunteer form is available overleaf to give an hour or so over the course of the day. It's a great event and working with other parents is an easy way to make connections.

If you would like to donate/bake for the cake stall, please include details of ingredients and please, no nuts! House coloured patty pans are available from the office if you would like to make cupcakes in your House colour!

Easter Hot Cross Bun Fundraiser

Order forms are attached - get your cash only orders in to the front office by **Tuesday, 19th March for collection on Tuesday, 26th March** ready for the Easter weekend - YUM!

Years 4 - 6 Sports Day Program Friday 8th, March

600m run

9.45am - 10.40am (approx)

Children run in following order - girls first in each group
born in 2015 • born in 2014 • born in 2013 • born in 2012

Discus

10.40 - 11am (approx)
girls born in 2015

Discus - 11.20am - 12.50pm
boys born in 2015 • born in 2014 • born in 2013 • born in 2012

Parents are welcome to watch and cheer!

School Life

Courier Cup

Congratulations to the following students who were selected to compete in the Courier Cup at the Mountain Pool, Mount Barker :

10 Year Olds

Karla F • Carli H • Phoenix C • Jace C • Jake S

11 Year Olds

Emily T • Ruby S • Grace S • Sophie M

12 Year Olds

Oscar W • Max I • Josh N • Lachlan S • Billy M
Anika W • Emma C • Isobel J

Results will be published soon!

Year 2 News

Students enjoyed sharing their stories with each other as well as their Cornerstone College visitors. Year 12 students have been visiting St Mark's as part of their Legacy program of giving back to their community.



GRAB YOUR **LUNCHBOX**
via flexishools.com.au

All boxes contain the 5 food groups
Vegetables, Fruit, Grain, Dairy & Protein



Choose your sandwich
from the options available

The Sandwich Pack

All boxes come with Fruit & Veggies (seasonal) & a sweet treat

Connect in 2024

At St Mark's we care for the wellbeing of all students and their families. While parenting brings a myriad of blessings, at times it can be tricky. Being a parent or caregiver of a neuro-divergent child can bring with it additional challenges.

In Term 4 last year, St Mark's hosted it's first 'Connect' get together. This was well received by parents with one parent sharing...

"It was great to hear other parents share their struggles. I so needed to hear this."

From **1:45pm Wednesday March 13th**, we invite you to our first **Connect** for 2024. At this time, Carolyn Grace who has many years of experience working in schools across sectors will touch on the following...

- Emotional regulation - what is it?"
- "Putting on my oxygen mask first - What do I need as a parent/caregiver to be regulated?" Strategies to help parents be regulated.
- Co-regulation - providing safety and support for my child - explanation of what co-regulation is and what it offers.
- "Ready to learn? - When I feel safe, I will be ready to learn". What does this look like for my child? What are their individual needs? (especially for those with neurodivergence). What do they need the most? What's currently working? What's not?
- Strategies to support my child to be ready to learn - the importance of creating a sense of safety relationally and environmentally, having predictable and consistent routines, language and strategies, supporting the transition to and from school.

This presentation will then be followed by coffee, cake and conversation. Our Connect session will be held in the St Mark's Church Link.

A child-minding facility will be available in the Link for non-school age children.

Please RSVP your attendance by Tuesday, March 12th by contacting the front office on 83910444 or email contact@stmarks.sa.edu.au

We look forward to bringing our St Mark's families together in the spirit of supporting one another.

Loredana Saracini
Deputy Principal

School Life



Snack Packs

Make life easier for yourself on Sports Day with a P&F Snack Pack.

These will be delivered to your child's classroom during afternoon tea break so they can refuel for the next events. Including a fruit box, cheese and cracker dipper, mini fruity gems, piece of fruit and popcorn.

Additional snack packs can be ordered for siblings and collected from your nominated classroom.

Order by completing form below and sending to the office with the correct money or via [flexischools](#) app.







*****Orders close Friday 8th March*****

I would like to order _____ (number of Snack Packs) at \$7 per bag to be delivered to _____ (name of child) in class _____ on Sport's Day
I would like to order _____ (number of Snack Packs) at \$7 per bag to be delivered to _____ (name of child) in class _____ on Sport's Day
I would like to order _____ (number of Snack Packs) at \$7 per bag to be delivered to _____ (name of child) in class _____ on Sport's Day
I would like to order _____ (number of Snack Packs) at \$7 per bag to be delivered to _____ (name of child) in class _____ on Sport's Day

Total money enclosed \$ _____



This year, St Mark's Sports Day will be held on March 15th. It is a wonderful time for parents, grandparents, sibling and friends to come along and join with our community. The Parents and Friends Association will be operating a BBQ and Yiros stall as well as a Coffee and Cake stall throughout the event. We would love your help to run these stalls, plus it's a great way to meet new people. If you are able to help, please fill out your details in the relevant column/columns and tick the time slot/slots that you are available.

  BBQ cooking	  BBQ / Yiros Serving	  Cake/Coffee Stall Serving
I can help cook the BBQ at the following times Name: _____ Contact Number: _____	I can help serve at the BBQ and Yiros Stall at the following times Name: _____ Contact Number: _____	I can help serve at the Cake and Coffee Stall at the following times Name: _____ Contact Number: _____
<input type="checkbox"/> 10:00 – 11:00am (set-up)	<input type="checkbox"/> 10:00 – 11:00am (set-up)	<input type="checkbox"/> 10:00 – 11:00am (set-up)
<input type="checkbox"/> 11:00 – 12:00pm (lunch)	<input type="checkbox"/> 11:00 – 12:00pm (lunch)	<input type="checkbox"/> 11:00 – 12:00pm (lunch)
<input type="checkbox"/> 12:00 – 1:00pm	<input type="checkbox"/> 12:00 – 1:00pm	<input type="checkbox"/> 12:00 – 1:00pm
<input type="checkbox"/> 1:00 – 2:00pm	<input type="checkbox"/> 1:00 – 2:00pm	<input type="checkbox"/> 1:00 – 2:00pm
<input type="checkbox"/> 2:00 – 3:00pm	<input type="checkbox"/> 2:00 – 3:00pm	<input type="checkbox"/> 2:00 – 3:00pm
<input type="checkbox"/> 3:00 – 4:00pm (dinner)	<input type="checkbox"/> 3:00 – 4:00pm (dinner)	<input type="checkbox"/> 3:00 – 4:00pm
<input type="checkbox"/> 4:00 – 5:00pm	<input type="checkbox"/> 4:00 – 5:00pm	<input type="checkbox"/> 4:00 – 5:00pm
<input type="checkbox"/> 5:00 – 6:00pm	<input type="checkbox"/> 5:00 – 6:00pm	<input type="checkbox"/> 5:00pm (pack up)
<input type="checkbox"/> 6:00pm (pack up)	<input type="checkbox"/> 6:00pm (pack up)	



Calling all barista's – are you able to help make coffee on the day? We would love you to come help us out

Name _____ Phone Number _____



I can make the following baked goods for Sports Day



I can make the following gluten free, nut free and/or dairy free baked goods for Sports Day



Name _____ Phone Number _____

** The P&F can supply house coloured patty pans for muffins and cupcakes

Sports Day – Friday Program

12:40pm – **Students need to be in their classrooms at 12.40pm to meet their teachers and for roll call**

12:50pm – Students will be seated at house tents by their class teacher and ready for the opening of the 2024 Sports Day followed by the Acknowledgement of Country.

1pm – Introduction to Sports Day, including House Captain’s oath before groups move off to tabloid events.

Junior Primary Tabloid Rotation 1.05PM

Event	Found. Driver	Found. Hassold	Year 1 Uebergang/ Schubert	Year 1 Wright	Year 2 Kuchel/ Burden	Year 2 MacKenzie	Year 3 Liebelt	Year 3 Marsh/ Wesley
Sprints	1	8	3	2	5	4	7	6
Accuracy Throw	2	1	4	3	6	5	8	7
Distance Push	3	2	5 REST	4 REST	7	6	1	8
Jumping Hoops	4 REST	3 REST	6	5	8	7	2	1
Vertical Jump	5	4	7	6	1	8	3	2
Hockey Hit	6	5	8	7	2	1	4	3
Goal Throw	7 REST	6 REST	1	8	3	2	5	4
Accuracy Kick	8	7	2	1	4	3	6	5

Senior Primary Tabloid Rotation 1.05PM

Event	GROUP A- 9 GIRLS/9 BOYS	GROUP B- 10 BOYS	GROUP C- 11 BOYS	GROUP D- 10 GIRLS/ 11 GIRLS	GROUP E- 12 BOYS/ 11 YEAR GIRLS	GROUP F- 12 YEAR GIRLS
Shot Put	1	6	5	4	3	2
Javelin	2	1	6	5	4	3
Long Jump	3	2	1	6	5	4
Sprints 85m	4	3	2	1	6	5
Goal Throw	5	4	3	2	1	6
High Jump	6	5	4	3	2	1

AFTERNOON BREAK – 4:05 – 4:30

** Students enjoy their afternoon break in the comfort of their classrooms*

Second Session – Junior/Senior Events

4:30pm – Foundation/Year 1 –Rob the Nest and/or Water Bucket Relay (junior oval)

4:30pm – Year 2/ Year 3 – Water Bucket Relay and/or Rob the Nest (junior oval)

4:30pm – **Year 4-** Sack Race, **Year 5-** Egg and Spoon and **Year 6-** Knee Ball Relay (senior oval)

** YEAR 4-6- complete all activities once- (time permitting)*

Third Session – Whole School

5:10pm- House War Cry

5:20pm- Student/Teacher/Parent Race


5:30pm - Presentation of House Sports Shield

6:00pm - St Mark’s Community Tea



YOUR ORDER WILL BE AVAILABLE ON 26th March

Tear here

STAY IN TOUCH 

Please complete this section and return:

(Organisers Details)

PLEASE SUPPLY.....
(Purchasers Details)
PHONE.....
ATTACHED IS PAYMENT OF \$.....

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Community

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SUNDAY MAR 3

PLAYERS OF ALL AGES AND ABILITIES WELCOME


JUNIORS 2:30PM
SENIORS (16+) 4PM

SMALL SKILLS SESSION
FOLLOWED BY MINI MATCHES
AFTERNOON TEA BETWEEN SESSIONS

AHHC HOCKEY PITCH - ANEMBO PARK
LITTLEHAMPTON

FOR MORE INFO EMAIL
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19 March to 22 March



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35 Hampden Rd
Mount Barker SA

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Get That Diary Out

March

Friday 1st
Chapel, 9am - 6BW

Saturday 2nd
Pedal Prix Come and Try, 10am - 2pm

Wednesday 6th
Foundation Rest Day

Thursday 7th
Band Rehearsal, 8.30am

Friday 8th
Chapel, 9am - Pastor Greg, giving of Year 2 Bibles
Years 4-6 Sports Day, 600m run/discus - from 9.45am

Monday 11th
Public Holiday

Tuesday 12th
Assembly, 9am

Wednesday 13th
NAPLAN test period begins
Connect group, 1.45pm - St Mark's Link

Thursday 14th
Band Rehearsal, 8.30am

Friday 15th
Sports Day - school begins at 12.40pm

Thursday 21st
Band Rehearsal, 8.30am

Friday 22nd
Chapel, 9am - 4K
Harmony Day

 **AutumnFest Hahndorf** 

Kids Activities Market Food Music

Saturday 16th March 11am - 4pm

St Michael's Lutheran Primary School Oval

   **@autumnfesthahndorf** **unlimited rides deal:** 